

# NC VFW *The Leader* Magazine Spring 2021



Official Publication of the Department of North Carolina Veterans of Foreign Wars



**BILLY RAY CAMERON 1944-2020**



**DEPARTMENT OF NORTH CAROLINA VFW CELEBRATES  
90 YEARS OF SERVING VETERANS (Page 11)**



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FOR VETERANS**

***VFW National Award Winning Magazine***

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[www.advocateforveterans.com](http://www.advocateforveterans.com)



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Publisher.....Clark Hunter

### CONTRIBUTIONS

Letters, stories, materials or photographs  
are welcomed, but cannot be returned un-  
less sender provides SASE.

VFW of NC will not be responsible for un-  
solicited materials. Submission of articles  
and photos implies the right to edit and  
publish all or in part.

Please send your comments, suggestions,  
articles and photos to:

[leaderinfo@vfwnc.com](mailto:leaderinfo@vfwnc.com)

[editor@vfwnc.com](mailto:editor@vfwnc.com)

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### IN MEMORY

This Issue of The Leader Magazine is Dedicated to  
Bob Meland who served as our Webmaster and Graphic Designer

# STATE COMMANDER'S MESSAGE



## COMRADES & AUXILIARY MEMBERS

I want to say Thank You for allowing me the privilege of being your Department Commander 2020-2021. We can honestly agree that this past year was one of the most challenging years our VFW has ever had to face. My goal was always to be there for our Comrades and The Department to support our Districts and Posts.

We have been able to accomplish our Mission throughout COVID-19 and now, as a vaccine is in place, we can start to get our Lives Back in a safe environment and come together again.

We are in the Life & Death Business because of the men and women who have fought and died for our FREEDOM so that we can live. We must continue to honor their memories and sacrifices by our own actions and dedication to each other and our communities. We are Great because of our Members!

Our membership is on pace to reach and EXCEED 100% (One More!) We have the tools in place to build upon our successes not only this year, but for the next Department Commanders to come. Our year does not end in June, It Starts again because we are obligated to serve our new Commanders and our Department as a whole.

I want to Thank everyone who worked so hard this year, especially Russ Chambers, who will make a great Department Commander next year with Tim Woods to follow the next year. We were able to work well because we Communicated ALWAYS and were able to share ideas and experiences. To everyone who had a hand in making our Programs and Committees successful, Thank You!

A special thanks goes out to my Chief of Staff Edward Beard, who managed to serve as a Post Commander, Recruited 40 new members, and overcame Department Membership challenges. He will make a great future Department Commander.

I have no regrets and don't want to be remembered as only achieving 100% membership. I want to be remembered as a Commander who made a difference and invested our resources in our Posts and Districts to help them be successful. Without them we would not exist. I personally want to thank our Auxiliary for all they do and will continue to do for our VFW. I also want to Thank my wife Michele, who behind the scenes, has always been there for me over 34 years of marriage ( In both military and civilian life). I have been blessed in so many ways and I feel a sense of duty as an immigrant to give back to my country and the men and women who stand watch over us and to the Veterans who have served our United States of America.

**STAY SAFE! STAY STRONG!**

**REMEMBER THERE IS ALWAYS**

**"ONE MORE"**



**IN COMRADESHIP**

***VICTOR R. LETOURNEAU***

**Department Commander 2020-2021**



# 2020/2021 Department Officers



## VFW of North Carolina

State Commander.....Victor Letourneaut  
Senior Vice Cdr.....Russ Chambers  
Junior Vice Cdr..... Tim Woods  
Adjutant/QM.....Charles Slater  
Judge Advocate.....Helen Nelson  
Surgeon.....Dave Wagoner  
Chaplain.....Richard Rice  
Chief of Staff.....Edward Beard  
National Council Rep.....Greg Stafford

## Department Service Officers

Tab Brown 336-631-5457 tab.brown318@va.gov  
Jay Wood 980-866-1328 jerry.wood1@va.gov

## District Commanders

### DISTRICTS

- |                   |                   |
|-------------------|-------------------|
| 1. Richard Probst | 10. John Marion   |
| 2. Robert Brock   | 11. Dave Raborn   |
| 3. Jimmy Baugham  | 12. Bobbi Sheets  |
| 4. Robert Jones   | 13. Richard Moore |
| 5. Anna Cummings  | 14. Art Gordon    |
| 6. Joe Caradonna  | 15. Kevin Holden  |
| 7. David Martin   | 16. Johnny Taylor |
| 8. Josh Holt      | 17. Robert Morrow |
| 9. Van Holly      |                   |



Commander Victor Letourneaut



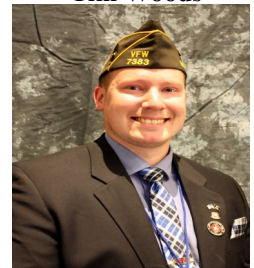
Senior Vice Cdr.  
Russ Chambers



Jr. Vice Cdr.  
Tim Woods



Judge Advocate  
Helen Nelson



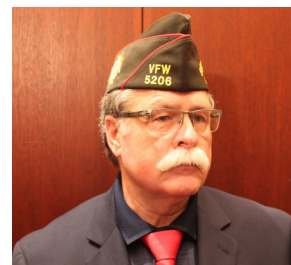
David Wagoner  
Surgeon



Chaplain Richard Rice



Chief of Staff  
Edward Beard



Chuck Slater  
Adjutant /QM

# RALEIGH FIREFIGHTERS RECEIVE VFW LIFE-SAVING AWARD

Nine members of NC Task Force-8 were presented the Veterans of Foreign Wars Life Saving Award by Past Department Commander Elree T. Smith and VFW NC District 7 Commander David Martin. The nine members were nominated by Past Department Commander Craig Armstrong. They are from fire departments in Raleigh, Cary, Chapel Hill, Durham and Wake County EMS. The firefighters recognized were Capt. Kevin Ellsworth, Chris Holcomb, Alex Soucy, Luis Urbina, Brantley Hobbs, David Boyett, Randall Schmidt, Zachary Reynolds and Ryan Dover. Congratulations to All!



**District 7 Commander David Martin      Past Dept. Commander Elree T. Smith**



**Members of NC Task Force-8**



# VFW POST ACTIVITIES



**Jacksonville VFW Post 9133** sponsored Onslow County Veteran Stand Down on February 2, 2021. The event was open to all Veterans and their caregivers. Over 100 Veterans attended, seeking information and services with nearly 1/4 of them identifying as homeless. Flu shots were given by the County Health Department and Starz and Stripes barber shop provided free haircuts and shaves. The Post partnered with the American Legion Burton Cowell Post 265, who provided the facility. Rolling Thunder NC-5 handled the registration, making this an event where Veteran organizations of Onslow County came together to help Veterans.



**Mooreville VFW Post 11287** presented their first post award to Leo Fahey. Leo has been the chaplain of Welcome Home Veterans/Richards Coffee Shop for more than 11 years. Leo is not a Veteran, but has been the moral and spiritual support for hundreds of Veterans over the years. Shown in the photo above from left to right: Frank Bucci, Gerald Vintinner, Butch Fogg, **Leo Fahey**, Kathleen Green, Dan Creasy, Ralph Dagenhart, Dave Vigliotti and Dave MacFeiggan.





## Greetings Veterans

The Veterans Foundation of NC continues to support and fund the following programs:

**VOICE OF DEMOCRACY**

**NC CHILDREN'S HOME**

**VETERANS RELIEF FUND**

**GUITARS FOR VETS**

**VETERANS HEALING FARM**



**Matt Lyall of Walgreens presents a check to the Foundation Board to support Foundation Programs**

We are proud to support the Voice of Democracy Program and Congratulate our Department and National 4th place Winner Daniel Walker, who was sponsored by District 1 VFW Post 10950, Nags Head, NC.

A Special Thanks to Walgreens who has been a prominent contributor and sponsor of our foundation programs.

## ROBERT MORROW



**Candidate for Junior Vice Commander**

**2021/2022**

**USAF 13 YEARS**

**VIETNAM 1968-1969**

**KOREA 1971-1972**

**VFW MEMBER SINCE 1969**

**LIFE MEMBER SINCE 1990**

**BRONZE LEGACY**

**LIFE MEMBER 2021**

**QUARTERMASTER**

**POST 7339 2025-PRESENT**

**ALL STATE POST 4 YEARS**

**DISTRICT 17 COMMANDER**

**NATIONAL Aide-de-Camp**

**LED DISTRICT 17 to 100%**

**(1ST TIME IN RECORDED HISTORY)**

**2019-2020**

**DEPARTMENT COMMANDERS**

**TROPHY 2020**





**854 S Main St, Sparta, NC  
(336) 372-7283  
cravesparta.com**

On August 9, 2020, at 8:07 am  
Sparta was struck by a 5.1  
Magnitude earthquake that left 525  
structures damaged, including our  
local VFW Post #7034.

With the help of the community,  
Crave was able to support the  
reconstruction of the damaged  
structure by donating proceeds from  
a Special Spaghetti Dinner Benefit,  
raising over \$1000.

Located in Sparta, North Carolina,  
Crave offers Traditional and  
Modern dishes that excite and  
attract travelers, tourists, and locals.

Offering Daily Lunch & Dinner  
Specials including Ribeye Friday,  
Wine'd Down Wednesday, Imagine  
The Pastabilities, and many more.

**"a taste of Italy in the Heart of  
the Blue Ridge Mountains"**

## EDITOR'S COMMENTS

### COMRADES!

It is a great pleasure to join the Leader Staff as Editor. I will be working with Clark Hunter to produce a magazine we can all be proud of.



We can't do it without your assistance, though. Take copies of the Leader and place them in the community. This lets everyone know how active our Department is and shares many ideas with Districts and Posts. When something important happens at your post send us a photo and your story to [leaderinfo@vfwnc.com](mailto:leaderinfo@vfwnc.com) or [editor@vfwnc.com](mailto:editor@vfwnc.com). When you encounter a Veteran-friendly or Veteran-owned business consider approaching them about advertising in the Leader.

In January 1991, Operation Desert Shield became Operation Desert Storm, pushing Saddam Hussein's Army out of Kuwait in six weeks. I was part of that operation, the largest armored deployment and battle since World War II. Approximately 440,000 American Troops were joined by an alliance of 27 other countries.

Now, 30 years later, many Desert Storm Veterans are members and leaders of the VFW, including National Commander in Chief Hal Roesch II, NC Department Commander Victor Letourneaut, and Senior Vice Commander Russ Chambers. Other Gulf War Veterans lead our Posts and Districts throughout our state and nationwide.

As we lose older members every month, we march on and the ranks grow thinner. It will be up to the rest of us to take up the reins and move the VFW into the future.

***Kevin M. Holden***  
**Editor**



# What Value-Based Care Is and Why It Matters to Your Health

By Mike Bowersox, Medicare President, Mid-Atlantic Region, Humana

Quarterly Issue



As important as scientific and medical breakthroughs are to healthcare, they're only part of the equation. What's the other part? People. From doctors to nurses, health coaches to behavioral specialists, people determine the healthcare experience. To have a better healthcare experience, you need people who can connect the dots between your lifestyle, genetics, environment and health. You need a new kind of care.

## What Value-Based Care Is.

Value-based programs, developed by The Centers for Medicare and Medicaid Services (CMS), the federal government agency that manages Medicare and Medicaid, aim to deliver better care for individuals, better health for populations and lower costs. Value-based programs reward providers for the quality of care they provide, not the quantity of services performed.<sup>1</sup> Value-based care works to improve health outcomes.

## Why Value-Based Care Matters.

More collaboration, increased transparency.

Value-based care encourages providers and payers to collaborate, which can lead to greater transparency. A coordinated effort creates a unified approach to improve your health outcomes. With value-based care, in addition to a doctor, you may have access to other support through a health coach, nutritionist and/or behavioral health specialist.

## More than Medicine.

Value-based care providers may recognize that social and environmental factors such as food security, social connections and transportation contribute to your overall health. In fact, these factors may be “at the root of why patients aren’t achieving the best health outcomes.”<sup>2</sup> Value-based providers may use lifestyle adjustments as a medicine—not just procedures and pills—to help you lead a healthier, happier life.

## Coordinated Care for Complex Conditions.

Humana’s Value-Based Care Report shows that 90.5 percent of Humana members have at least one chronic condition and 82.6 percent have at least two.<sup>2</sup> Chronic

conditions such as diabetes, hypertension and heart disease may present ongoing physical, emotional and social demands that take a toll on both you and your family.<sup>3</sup> Humana found that patients in a value-based setting were more likely to adhere to hypertension and diabetes medications than those of non-value-based doctors.<sup>2</sup> Value-based care providers may offer increased care coordination and support.

## Better Health.

Humana members in value-based care settings receive higher rates of preventative screenings, fewer emergency room and hospital admissions and greater adherence to medications than those in non-value-based care settings, all of which contribute to lower medical costs.<sup>2</sup> Humana found a 20.1 percent savings in value-based care programs and expenses compared to Original Medicare.<sup>2</sup>

## Happier Life.

When you’re healthier, you enjoy a better quality of life. You can be more active, whether that’s cultivating your garden, learning how to paint, taking a yoga class with friends or marking travel destinations off your bucket list. You can be more engaged with your friends and family, celebrate the simple joys and major milestones alike. Better health and greater happiness are within your reach. It’s up to you to reach for it.

## Ready to get started with value-based care?

Visit [healththatcares.com](https://healththatcares.com) or contact your local licensed Humana Sales Agent at 1-844-224-8993 (TTY: 711).

¿En español? Llame gratis al 1-844-357-9121 (TTY: 711).

Humana is a Medicare Advantage HMO, PPO and PFFS organization and a stand-alone prescription drug plan with a Medicare contract. Enrollment in any Humana plan depends on contract renewal.

<sup>1</sup><https://www.cms.gov/Medicare/Quality-Initiatives-Patient-Assessment-Instruments/Value-Based-Programs/Value-Based-Programs>

<sup>2</sup>[https://valuebasedcare.humana.com/wp-content/uploads/2019/11/docs2019\\_VBC\\_GCHKMZHEN.pdf](https://valuebasedcare.humana.com/wp-content/uploads/2019/11/docs2019_VBC_GCHKMZHEN.pdf)

<sup>3</sup><https://www.healthaffairs.org/doi/10.1377/hlthaff.20.6.64>



# BILLY RAY CAMERON REMEMBERED

Being the first Vietnam Veteran National Commander-in-Chief was a proud honor for Billy Ray Cameron. He served along side his Marine buddies in Vietnam from 1966 to 1969 and was awarded two Meritorious Combat Awards and two Purple Hearts for injuries sustained in combat.

Billy Ray served as VFW Senior Vice Commander-in-Chief, Junior Vice National Commander-in-Chief and was elected National Commander-in-Chief in 1984. During his tenure he saw the VFW Membership grow to over one million members.

Billy Ray served as the Director of Emergency Management for Lee County and Sanford from 1971 to 1993. He became the State of North Carolina Emergency Director in 1993 and served in this position until 1997, when he was promoted to assistant Secretary of Crime Control and Public Safety for the state. He was promoted to Deputy Secretary of Crime Control and Public Safety and served the citizens of North Carolina until his retirement in 2003. He was a life member of Stanley McLeod VFW Post 5631 in Sanford, NC.

Billy Ray was the first of four children and grew up in Harnett County. He was raised with three younger sisters and they all worshipped at Cameron Hill Presbyterian Church.

He married the love of his life, Jeannette Gilliam Cameron, on March 9, 1969, and continued to dedicate his life to helping other people and traveling across the country that he loved.

Billy Ray leaves us all much richer for having known him and devoted his life to his family, his faith, and his country.



*Rest Peacefully Comrade.*

# DATES TO REMEMBER



**2021**

**JUNE 10-13**

**DEPT. OF NC CONVENTION  
EMBASSY SUITES  
GREENSBORO, NC**

**JULY 8-11**

**COMMANDER-IN-CHIEF  
HOMECOMING  
PORTSMOUTH, VA**

**JULY 31-AUG 5**

**NATIONAL CONVENTION  
BALTIMORE, MD**

**SEPTEMBER 20-23**

**FALL LEGISLATIVE  
CONFERENCE  
WASHINGTON, DC**

**OCTOBER 1-2**

**COUNCIL OF ADMINISTRATION  
GREENSBORO, NC**

**NOVEMBER 18-21**

**SOUTHERN CONFERENCE  
HILTON HEAD, SC**

## **JOHNNY TAYLOR**



**CANDIDATE for SURGEON**

**2021-2022**

**US Army Vietnam Veteran**

**Life Member**

**1st Infantry Division 1969-1970**

**Vietnam Service Medal with 3 Stars**

**Vietnam Campaign Medal-Air Medal**

**Bronze Star**

**Army Commendation Medal**

**Post Quartermaster 2003 to present**

**All American Post QM 2008-2009**

**District 16 QM 2007-2009**

**District Cdr. 2014/2016 to Present**

**National Aide-De-Camp 2011-2012**

**Nat. Deputy Chief of Staff 2012-2013**

**Asst. Inspector General 2016-2017**

**National Aide-De-Camp 2017-2018**

**Chm. Past Cdrs. Club 2016-2018**

**Volunteer VAMC Asheville-12 yrs.**

**"HELPING VETERANS THROUGH  
SERVICE"**



VFW Department of North Carolina  
**Is on TEAM Lipphardt**



**Be The Difference**

**ELECT**

**Al Lipphardt VFW Junior Vice CiC 2022**



ALL AMERICAN TRIPLE CROWN COMMANDER

NATIONAL LEGISLATIVE COMMITTEE & VICE CHAIR 2015-2018

NATIONAL COUNCIL OF ADMINISTRATION 2018-2022

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# FAREWELL TO ANDY

First and foremost, I want to thank the NC VFW Leader Magazine for asking me to do this write up; It truly is an honor! As many of you may know, I have stepped down as State Adjutant, a position that I have held for the past five and one half years, to take the position of Veteran Community Engagement Executive for Humana.

It was not an easy decision to make, but it was the right one for my family as well as allowing me to continue my passion of helping Veterans and their families. Speaking of family, when Kerri and I first moved here in 2010 after I left the Army, we did so without any family or friends in North Carolina, but I knew where we could find some--The VFW. The VFW has always been there for us. Whether it was State Commanders supporting me while I reached



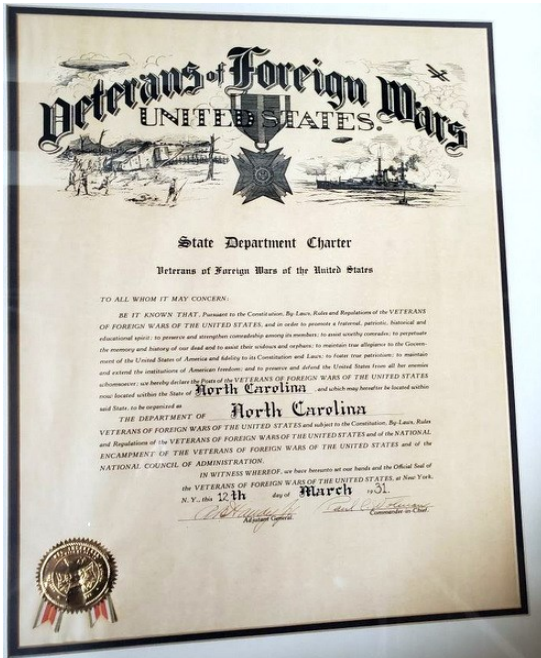
out for help for treatment for PTSD or it was sending us flowers and stuffed animals for the birth of our children--The VFW was always there. I will never forget that and I am proud to call each one of you a family member. So what am I doing now? During my time as the State Adjutant we received many calls for Veterans needing help both financially and healthcare wise with many of them not knowing which benefits they were eligible for. This is where my new position comes in. As you may or may not know, the VFW and Humana have had a close relationship since 2012 and one of my main goals is to keep that relationship going! I will be working alongside our Posts and Service Officers to educate Medicare eligible Veterans on what benefits both, VA and non-VA, they are eligible for. We need to make sure that Veterans and their families in North Carolina are armed with all of the knowledge needed in order to make the best healthcare decisions that make the most sense for them.

I will never forget my time as your State Adjutant. It was an amazing experience. Thank you Comrades! I look forward to working along side of you in the future.

***Andy can be contacted at [AZinkievich@humana.com](mailto:AZinkievich@humana.com) or 919-943-9451***



# 90 YEARS OF SERVICE TO VETERANS



**VFW State Charter issued  
March 12th, 1931**



**From HQ in Raleigh Chuck and Nichole wish the  
Department and all Comrades Happy Birthday!**

## ***HAPPY BIRTHDAY***

### ***VFW DEPARTMENT OF NORTH CAROLINA***

From our first documented State Commander, D.V. Carter (1935-1936), we have seen 83 State Commanders up to 2020. Otis Brown (1936-1937) and Billy Ray Cameron (1975-1976) have served as National Commanders-in-Chief. A rich history has followed us through the years as the Department has served the Veterans of North Carolina. Our Mission has always been:

***“TO FOSTER CAMARADERIE AMONG UNITED STATES VETERANS OF OVERSEAS CONFLICTS. TO SERVE OUR VETERANS, THE MILITARY AND OUR COMMUNITIES. TO ADVOCATE ON BEHALF OF ALL VETERANS.”***

To all Comrades, Districts and Posts who have made this milestone possible we salute you for being a part of a history of accomplishments and successes that have made our VFW Department a proud member of the VFW National Organization.



# VFW POST ACTIVITIES



VFW Post 1142, North Wilkesboro hosted their inaugural “Camp Out for Cause” on Saturday February 6th. The event is to raise awareness of Homeless Veterans issues. Attendees slept on the Post grounds in tents and cardboard boxes. Boy Scouts from Troop 301 conducted a flag retirement ceremony at the Camp Out.



**VOD State Winner Daniel Walker** representing Dist. 1, VFW Post 10950, Nags Head.



**Patriots Pen Winner Diya Menon**, Dist. 7, VFW Post 10999, Raleigh.



**Crystal Matthews**, Middle School Teacher of the Year Representing Dist. 8, VFW Post 6018, Fayetteville.



**Allison Zinkievich** Elementary School Teacher of the Year representing Dist. 7 VFW Post 7383, Cary



# DEPARTMENT HIGHLIGHTS



**Freedom Classic in Kinston, NC featuring the cadets from the Air Force Academy. The VFW trailer sure gets around and is available for special events.**



**Find our Commander at the Freedom Classic.**



**Commander Victor Letourneaut and Senior Vice Commander Fritz Mihelcic representing the VFW at Daytona Bike Week.**



**Welcome New Leader Magazine Editor  
Kevin Holden!**

# THANKS RUSS!

Senior Vice Commander Russ Chambers has served as Editor of The Leader Magazine for the past three years. It is now time to turn over the reins to District



Commander Kevin Holden, effective with this Spring Issue.

Russ has been an award winning Editor and has contributed much to the quality and editorial content of our magazine.

He is a VFW Life Member and a member of VFW Post 9010 in Clemmons, NC where he served as Post Commander. He also served as District 11 Commander, Department Judge Advocate, District 11 Quartermaster, Department Junior Vice Commander and Department Senior Vice Commander.

Russ, Clark Hunter and Bob Meland kicked off our first issue, Winter 2015-2016. Russ's first responsibilities were to take pictures, develop stories, sell ads and keep Clark advised on the various ins and outs of the VFW. Russ moved to the position of Editor with the Summer 2017 Issue. We are now in our fifth year of publication and have reached many Comrades, Districts and Posts with stories and helpful information. Russ thanks all of our supporters and comrades for their service to our country and the VFW. **A Special Thanks** goes out to Russ's wife Mony for her proofreading service.

## Roberta "Bobbi" Sheets



**Candidate for Junior Vice Commander  
2021-2022**

### **PRIORITIES**

**Training all levels of Officers  
Raising up leaders by mentoring  
Providing needed tools to succeed**

### **EXPERIENCE**

**Dept. Recruiter of the Year 2018-2019  
Western Membership Chair 2019-2021  
Liaison to Dept. Auxiliary 2019-2020  
District 12 Commander 2019-Present  
District 12 All-American/All State  
2019-2020  
District 12 Quartermaster 2017-2019  
District 12 All-American/All State  
2017-2019  
VFW Post 6365 Commander  
All American 2018-2020  
All State 2017-2020**

*"Real Leadership is leaders recognizing that they serve the people they lead." Pete Hoekstra*



# VFW POST 6018 ACTIVITIES

We brought Christmas Cheer to kids of a military family at Fort Bragg with the presentation of a donation check. The funds were donated by caring members of our Post. This is just one of the families VFW Post 6018 has reached out to during the holiday season. Even through this devastating year we are still supporting Veterans, their families and the community.



Congratulations to Alyssa Beard for representing VFW Post 6018 as our Poppy Queen for 2020-2021. Due to Covid-19 we were not able to have a proper award presentation and it had to be done virtually. Alyssa will represent us at the Department of NC, so please wish her well.



Commander Edward Beard and Auxiliary President Amelia Jordan award the Patriot Pen, Voice of Democracy and Teacher of the Year awards. These winners represent what is great about America and the values we hold so true. Congratulations to all the honorees!



We want to thank everyone who supported our Popcorn Fundraiser. It would not have been successful without those who bought popcorn, sold it or made a donation. Many members pushed the sales to their families, coworkers and friends. We also received donations from other members. Thank you for your support!



# LELAND VFW POST 12196 FOOD DRIVE



At Leland's Founders Park VFW Post 12196 hosted a Food Drive on February 20, 2021. Post members were on hand from 10 am until 3pm to accept 'drive-by' donations of canned goods and other nonperishable food items. All food items will be donated to Brunswick Family Assistance (BFA) for local distribution. Charles Jackson, BFA's Director of Operations and Outreach, commented that the well-known charitable organization is overwhelmed with community requests for assistance. The Post will also donate the proceeds from Buddy Poppy contributions to BFA to provide Veteran's relief. Post Commander Gerald Decker invited individuals and families to stop by and say 'hello' to our Veterans, enjoy some patriotic music, and make a donation to help the families in our area.

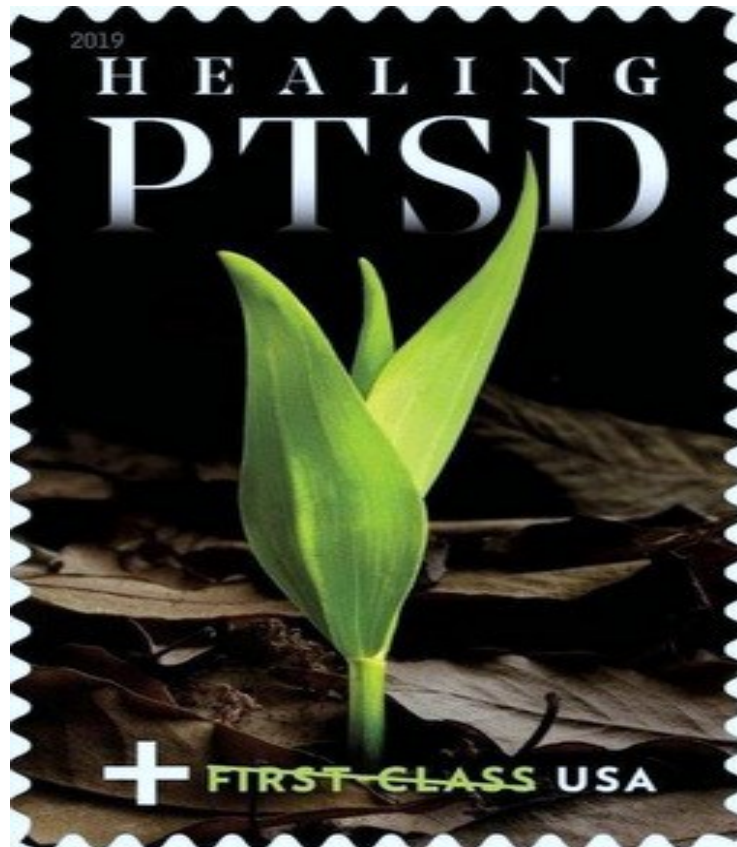
The Department Recruitment Trailer was also in Leland to assist with the Food Drive to help the community. Although the emphasis was on the food drive, the event included local news coverage, handing out of Buddy Poppies, Cash Donations, signing up five new members and collecting over 1000 pounds of food.

***THE DEPARTMENT RECRUITMENT TRAILER IS AVAILABLE FOR ALL APPROVED VFW EVENTS. RESERVATIONS CAN BE MADE BY CALLING THE DEPARTMENT HEADQUARTERS. 919-828-5058***



# PTSD STAMP UPDATE

Our Mission continues with the promotion and energy necessary to insure the continuation of the PTSD Postage Stamp which is being featured in order to increase awareness of a timeless disorder that effects our Veterans. Navy Veteran Garland Bram Denny, who passed away in 2015, was instrumental in the ten year journey to introduce the stamp. Since this time the stamp has been made available to all post offices throughout the country with a portion of the proceeds going to research and the US Department of Veterans Affairs.



***This Stamp is raising funds right now!***

Sue Tucker Denny, daughter of Garland Denny, and their family are working along with hundreds of other citizens to continue with this effort. Currently more than **9.1 million** Healing PTSD stamps have been sold, bringing the total revenue raised to more than **\$1 million** which represents months of sales by the people - for the people. By law, 100% of the net amount raised is transferred to the Department of Veterans Affairs to support those suffering from PTSD. **The stamp will continue to be sold until December 2021, after which, it is hoped that your voice will help make the Healing PTSD Stamp permanent.** Visit our website and add your name to support the continuation of the PTSD stamp

***Please visit [www.HelpHealPTSD.com](http://www.HelpHealPTSD.com)***

## NATIONAL VOD WINNER



VFW Department Representative, Daniel Walker, placed 4th overall in the VFW National VOD Competition. He was awarded a \$7000 scholarship on top of the \$6000 he earned from the Department.

Daniel was sponsored by District 1 VFW Post 10950, Nags Head, NC.

A special thanks to the Veterans Foundation of NC for their continued support and funding of the VOD Program and to the Department Auxiliary for their helping to make this happen.

It has been a long time since our state placed so high in the National Competition.

**We are all NC Proud!**

## HELEN NELSON

*"One Team, One Goal-A Vision for Change"*



Candidate for

**JUNIOR VICE COMMANDER**

**Department of North Carolina**

**2021-2022**

**Life Member**

**VFW Post 6018 Fayetteville**

**Judge Advocate 2019- Present**

**District 8 Commander 2018-2019**

**National Finance & Internal**

**Organizational Committee**

**2018-Present**

**Dept. Audit & Budget Committee**

**2018-Present**

**All-American/All State Post**

**Commander 2017-2018**

**United States Army (Ret)**





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